

| AK 7 Jg:2004 | Technische Normen | | | | | | | | | | | | | | | | | Athletische Normen | | | | | | | | | | | Total | | | | | | | | |
|--------------------|-------------------|------------|--------|------------|--------|------------|----------|----------|----------|--------|------------|-----------|----------|----------|------------|--------------------|------------------------|--------------------|-------------|---------|--------|-----------|-----------------------|--------|------------|-------------------|---------------------|-------|---------|-------|---|---------------------------------|------|-------------|--------|-------|--------------|
| | Sprung | | Barren | | | Schlaufen | | Balken | | | | Boden | | | Trampolin | | | Σ | Erfüllung % | Hangeln | Sprint | Schweizer | Stützen/ Handstand | Stilps | Winkelhang | Hilfe Schulter | Spagate | | Vorspr. | | | Komplex Übung (Zahl doppelt) | Σ | Erfüllung % | Σ | % | |
| | Rondat | Überschlag | Riesen | Felgen etc | Kippen | Felgen etc | Schwinge | Akro nw. | Akro vw. | Abgang | Gym Sprung | Gym Dreh. | Akro vw. | Akro nw. | Temposalto | Vorwärts Saltos | Rückwärts Schrauben | | | | | | | | | | Rückwärts Saltos | links | rechts | links | | | | | | | rechts |
| 1. Rica Leinwather | 3,5 | 4,5 | 4,0 | 2,5 | 3,0 | 2,5 | 4,5 | 3,0 | 2,5 | 2,5 | 4,0 | 3,5 | 4,0 | 3,0 | 4,0 | 4,0 | 3,0 | 3,5 | 61,5 | 56,94 | 10 | 9 | 5 | 12 | 12 | 12 | 4 | 4 | 4 | 2 | 2 | 21,0 | 97,0 | 73,48 | 158,5 | 61,34 | Wellerode/KS |
| 2. Leonie Kurz | 3,0 | 4,0 | 2,0 | 1,5 | 2,0 | 1,5 | 3,5 | 2,0 | 2,5 | 2,5 | 1,0 | 4,5 | 3,0 | 3,5 | 3,0 | 3,0 | 3,5 | 3,0 | 49,0 | 45,37 | 9 | 4 | 5 | 12 | 12 | 12 | 9 | 4 | 4 | 2 | 3 | 18,0 | 94,0 | 71,21 | 143,0 | 58,29 | Wellerode/KS |
| 3. Mira Schuchardt | 2,5 | 4,0 | 3,0 | 2,0 | 4,0 | 1,5 | 4,0 | 2,0 | 3,5 | 1,0 | 2,0 | 3,5 | 3,0 | 2,5 | 3,75 | 5,0 | 3,0 | 5,0 | 55,25 | 51,16 | 6 | 8 | 0 | 12 | 12 | 8 | 6 | 2 | 2 | 2 | 3 | 15,0 | 77,0 | 57,58 | 132,25 | 54,34 | Niederg./WZ |
| 4. Milena Boglayev | 1,75 | 2,0 | 3,0 | 2,5 | 2,5 | 2,5 | 3,5 | 2,5 | 2,0 | 1,0 | 1,0 | 2,5 | 2,0 | 1,5 | 3,25 | 3,0 | 0,5 | 2,5 | 39,5 | 36,57 | 8 | 8 | 0 | 10 | 12 | 12 | 4 | 4 | 4 | 3 | 3 | 10,0 | 78,0 | 59,09 | 117,5 | 47,83 | Wetzlar/WZ |
| 5. Lena Kuhn | 1,0 | 1,5 | 1,0 | 2,5 | 2,0 | 0,0 | 0,0 | 2,5 | 2,5 | 1,5 | 1,5 | 2,5 | 0,0 | 0,5 | 2,0 | 2,0 | 0,0 | 1,0 | 24,0 | 22,22 | 4 | 6 | 0 | 12 | 8 | 12 | 6 | 6 | 4 | 3 | 2 | 10,0 | 73,0 | 55,30 | 97,0 | 38,76 | Wetzlar/WZ |
| 6. Xenia Rott | 1,0 | 1,25 | 2,0 | 2,0 | 3,0 | 1,5 | 0,0 | 3,5 | 0,0 | 1,0 | 1,0 | 2,0 | 0,75 | 0,75 | 2,25 | 3,0 | 0,0 | 0,5 | 27,5 | 25,46 | 7 | 5 | 0 | 10 | 12 | 12 | 2 | 2 | 4 | 0 | 1 | 6,0 | 61,0 | 46,21 | 88,5 | 35,84 | Wetzlar/WZ |
| 7. Anna Dlugosch | 1,25 | 0,5 | 2,0 | 2,0 | 1,5 | 2,0 | 0,0 | 2,5 | 1,0 | 0,0 | 1,0 | 2,0 | 0,5 | 1,5 | 2,5 | 1,5 | 1,5 | 0,5 | 23,25 | 21,99 | 3 | 5 | 0 | 12 | 9 | 12 | 9 | 2 | 2 | 1 | 2 | 8,0 | 65,0 | 49,24 | 88,25 | 35,62 | Wetzlar/WZ |

| AK 8 Jg:2003 | Technische Normen | | | | | | | | | | | | | | | | | Athletische Normen | | | | | | | | | | | Total | | | | | | | | |
|--------------------|-------------------|------------|--------|------------|--------|------------|----------|----------|----------|--------|------------|-----------|----------|----------|------------|--------------------|------------------------|--------------------|-------------|---------|--------|-----------|-----------------------|--------|------------|-------------------|---------------------|-------|---------|-------|---|---------------------------------|------|-------------|--------|-------|---------------|
| | Sprung | | Barren | | | Schlaufen | | Balken | | | | Boden | | | Trampolin | | | Σ | Erfüllung % | Hangeln | Sprint | Schweizer | Stützen/ Handstand | Stilps | Winkelhang | Hilfe Schulter | Spagate | | Vorspr. | | | Komplex Übung (Zahl doppelt) | Σ | Erfüllung % | Σ | % | |
| | Rondat | Überschlag | Riesen | Felgen etc | Kippen | Felgen etc | Schwinge | Akro nw. | Akro vw. | Abgang | Gym Sprung | Gym Dreh. | Akro vw. | Akro nw. | Temposalto | Vorwärts Saltos | Rückwärts Schrauben | | | | | | | | | | Rückwärts Saltos | links | rechts | links | | | | | | | rechts |
| 1. Laetitia Gloger | 4,0 | 4,5 | 4,0 | 2,5 | 3,0 | 0,0 | 2,5 | 3,0 | 3,0 | 4,0 | 2,0 | 4,0 | 2,5 | 2,0 | 3,0 | 2,5 | 1,5 | 3,0 | 51,0 | 47,22 | 5 | 9 | 9 | 7 | 12 | 12 | 12 | 4 | 4 | 3 | 4 | 14,0 | 95,0 | 71,97 | 146,0 | 59,60 | Eintr. Ffm./F |
| 2. Julia Liske | 3,0 | 0,5 | 3,0 | 1,5 | 2,5 | 2,5 | 4,5 | 2,5 | 2,0 | 3,0 | 2,0 | 2,0 | 2,5 | 1,5 | 2,75 | 2,0 | 1,0 | 3,0 | 41,75 | 38,66 | 11 | 6 | 6 | 6 | 12 | 12 | 12 | 2 | 2 | 2 | 2 | 13,0 | 86,0 | 65,15 | 127,75 | 51,91 | Nordw.Ffm./F |
| 3. Marta Klämt | 1,5 | 2,5 | 1,5 | 2,0 | 2,5 | 0,0 | 1,5 | 1,5 | 1,5 | 1,5 | 1,0 | 3,0 | 1,75 | 1,5 | 1,25 | 3,5 | 2,5 | 1,75 | 32,25 | 29,86 | 5 | 7 | 6 | 10 | 12 | 7 | 9 | 6 | 6 | 3 | 3 | 10,0 | 84,0 | 63,64 | 116,25 | 46,75 | Elz/LM |
| 4. Svenja Heepen | 2,5 | 4,0 | 2,5 | 1,0 | 2,5 | 0,0 | 2,0 | 2,5 | 1,0 | 1,5 | 5,0 | 1,0 | 3,5 | 2,0 | 3,5 | 5,5 | 0,5 | 2,0 | 42,5 | 39,35 | 2 | 8 | 6 | 3 | 0 | 12 | 6 | 2 | 4 | 3 | 4 | 10,0 | 60,0 | 45,45 | 102,5 | 42,20 | Niederg./WZ |
| 5. Hanna Knopp | 0,75 | 3,0 | 2,0 | 1,5 | 2,5 | 0,0 | 2,5 | 1,0 | 2,5 | 0,0 | 0,5 | 1,5 | 1,75 | 1,0 | 2,0 | 0,0 | 2,0 | 1,5 | 26,0 | 24,07 | 8 | 6 | 3 | 5 | 12 | 12 | 9 | 6 | 4 | 2 | 2 | 8,0 | 77,0 | 58,33 | 103,0 | 41,20 | Elz/LM |
| 6. Judith Wiesner | | | | | | | | | | | | | | | | | | | | | 1 | 6 | 6 | 2 | 12 | 2 | 12 | 4 | 4 | 2 | 4 | 3,0 | 58,0 | 43,94 | 58,0 | 21,97 | Elz/LM |

Die fettgedruckten Ergebnisse kennzeichnen die in der jeweiligen Leitlinie geturnten Normen der AK 7. Die dünngedruckten Ergebnisse kennzeichnen die in der jeweiligen Leitlinie geturnten Normen der AK 6 bei halbiertes Punktzahl.

Limburg, 05.03.2011